

# **2 Months**

**Developmental Milestones**

**Special Circumstances**

**Well Child Check**

**Recommended Immunizations**

# Developmental Milestones

## 2 Months

- Social/Emotional:**
  - ◆ begins smiling at people
  - ◆ calms self (sucks on hands)
  - ◆ tries to look at parent
  
- Language:**
  - ◆ coos and gurgles
  - ◆ turns head towards sounds
  
- Cognitive:**
  - ◆ pays attention to faces
  - ◆ begins to follow objects and recognize people at a distance
  - ◆ gets fussy when bored
  
- Physical:**
  - ◆ lifts head and tries to push up while on stomach
  - ◆ makes smoother movements with arms and legs
  
- Tell your health care provider if your child:**
  - ◆ doesn't lift head while on stomach
  - ◆ doesn't watch/follow objects as they move
  - ◆ doesn't smile at people
  - ◆ doesn't bring hands to mouth
  - ◆ doesn't respond to loud sounds

*\* Remember: all children grow/ mature at different rates\**

# **Special Circumstances**

**All children develop at their own pace;  
sometimes they need extra help**

## **Preemie Development:**

**Milestones may be reached differently when a baby is born prematurely**

**Ask your health care provider about how your baby is developing. S/He will figure out how much to adjust for your baby's prematurity**

**For great resources on preemie and NICU babies, contact The March of Dimes Foundation via their website- [www.marchofdimes.com](http://www.marchofdimes.com) or the Colorado Chapter phone: (303) 692-0011**

## **Early Intervention:**

**Infants and children who aren't reaching developmental milestones may benefit from early intervention services and infants born at low birth weights automatically qualify for EI services (S.W. Kids)**

**For information about Early Intervention Colorado visit their website - [http:// www.eicolorado.org/](http://www.eicolorado.org/) or call 1-888- 777-4041**

**For more resources and links visit the Montelores Early Childhood website: <http://moteloresecc.org>**

# Well Child Check

## 2 Months

- **Topics to discuss with your health care provider:**
  - ◆ how you and baby are doing at home
  - ◆ how you are feeling about changes in your home life
  - ◆ the benefits of tummy time and how to incorporate it into your routine
  - ◆ importance of reading to baby daily

**\*Never place baby on stomach while sleeping; put baby on back to sleep.\***

# Recommended Immunizations

- HepB
- Dtap
- PCV13
- HIB
- Polio
- RV

For more information on Immunizations and the diseases that they protect us from go to the Center for Disease Control and Prevention website at:

*<http://www.cdc.gov/vaccines/parents/index.html>*