

Well Child Check

15 Months

- ❑ **Topics to Discuss with Your Health Care Provider:**
 - ◆ separation/stranger anxiety
 - ◆ appropriately giving your child “choices”
 - ◆ when and how to discipline your toddler
 - ◆ weaning issues
 - ◆ your toddler’s first dental appointment
 - ◆ car safety
 - ◆ what items should be locked and away from children
 - ◆ smoke/Co2 detectors and hot water temperatures
 - ◆ all questions or concerns about development and home life

Well Child Check

18 Months

- ❑ **Topics to discuss with your health care provider:**
 - ◆ importance of play/family time
 - ◆ how to help my child cope with new situations
 - ◆ reinforcing limits
 - ◆ language development through books, songs, and speaking with child
 - ◆ toilet training readiness
 - ◆ child safety
 - ◆ dangers of lead exposure
 - ◆ developmental screening (should have three before your child turns 3)

Well Child Check

2 Years

- ❑ **Topics to discuss with your health care provider:**
 - ◆ caution as to what is said within earshot of child
 - ◆ importance of sharing books with your child
 - ◆ your child's comprehension ability
 - ◆ discipline and praise
 - ◆ how to guide your child's learning about emotions
 - ◆ encouraging independence and social interaction
 - ◆ toilet training readiness and hygiene
 - ◆ television limits and the importance of play
 - ◆ child safety
 - ◆ growth and development concerns
 - ◆ any other questions you may have

- ❑ **Recommended Immunizations:**
 - ◆ Influenza (once yearly)

Well Child Check

2.5 Years

At this appointment your healthcare provider will be making sure that your child is becoming more independent and social and that your toddler's communication is becoming clearer and body control is improving

Topics to discuss with your health care provider:

- ◆ consistent use of discipline by all family members
- ◆ importance of routine and daily schedules
- ◆ family exercise and daily reading
- ◆ limiting television and screen time
- ◆ encouraging language development
- ◆ social development and tips for play dates
- ◆ considerations for early childhood programs, such as, quality preschool
- ◆ toilet training
- ◆ child safety
- ◆ developmental screenings (should have three before your child turns 3 years old)