

# **Development Milestones**

## **15 Months**

- **By 15 months your child should be:**
  - ◆ **mastering the 12 month milestones**
  - ◆ **improving language and mobility skills daily**
  - ◆ **communicating needs and desires in a way that is easily understood**

*\*Remember: all children grow/mature at different rates\**

# Developmental Milestones

## 18 Months

- ❑ **Social/Emotional:**
  - ◆ may have temper tantrums
  - ◆ may be afraid of strangers
  - ◆ affectionate to familiar people
  - ◆ plays simple pretend, such as feeding a doll
  - ◆ may cling to caregivers in new situations
  - ◆ explores alone but with parent close by
  
- ❑ **Language:**
  - ◆ says several single words
  - ◆ says and shakes head “no”
  - ◆ points to show someone what he wants
  
- ❑ **Cognitive:**
  - ◆ points to get the attention of others
  - ◆ points to at least one body part when named
  - ◆ makes line shapes while drawing on paper
  - ◆ can follow 1-step verbal commands without any gestures
  
- ❑ **Physical:**
  - ◆ walks without assistance
  - ◆ may walk up steps and run
  - ◆ pulls toys while walking
  - ◆ can help self undress
  - ◆ drinks from a cup
  - ◆ eats with a spoon

# Developmental Milestones

## 18 Months

### Tell Your Health Care Provider If Your Child:

- ◆ doesn't point to show things to others
- ◆ cannot walk
- ◆ doesn't know what familiar things are for
- ◆ doesn't copy others
- ◆ isn't learning new words
- ◆ has not mastered at least 6 words
- ◆ doesn't notice or mind when a caregiver leaves or returns
- ◆ loses skills he once learned

*\*Remember: all children grow/mature at different rates\**

# Developmental Milestones

## 2 Years

### Social/Emotional:

- ◆ copies others, especially adults and older children
- ◆ gets excited when with peers
- ◆ shows defiant behavior
- ◆ mainly plays beside other children, but starting to include them in games such as chase

### Language:

- ◆ knows names of different body parts and familiar people
- ◆ 2-4 word sentences
- ◆ follows simple instructions
- ◆ repeats overheard words
- ◆ points at things in book

### Cognitive:

- ◆ beginning sorting of shapes and colors
- ◆ completes sentences and rhymes from familiar stories
- ◆ plays simple make-believe
- ◆ uses 4 or more blocks in towers
- ◆ follows 2 step instructions
- ◆ names items in picture book

### Physical:

- ◆ stands tip-toe
- ◆ kicks a ball
- ◆ starting to run
- ◆ climbs on and off furniture without assistance
- ◆ overhand throwing
- ◆ draws straight lines and/or circles

# Developmental Milestones

## 2 Years

- ❑ **Tell Your Health Care Provider If Your Child:**
  - ◆ does not know what to do with common things, like a brush, phone, fork, spoon
  - ◆ doesn't copy actions and words
  - ◆ can't follow simple instructions
  - ◆ cannot walk steadily
  - ◆ loses skills once learned

*\* Remember: all children grow/mature at different rates\**