

Well Child Check

Year 3

During this check-up your child will be evaluated for health issues, development, growth, oral health, and vision

Topics to discuss with your Health Care Provider:

- ◆ parenting style and constructive discipline
- ◆ sibling relationships
- ◆ balancing family time, independent time, alone time with partner and work
- ◆ encouraging communication and early literacy
- ◆ social opportunities and peer play
- ◆ physical activity and TV limitations
- ◆ child safety
- ◆ any concerns about growth or development

Recommended Immunizations:

- ◆ Influenza (Yearly)

Well Child Check

Year 4

- ❑ **Topics to discuss with your health care provider:**
 - ◆ the sensitivity of children at this age
 - ◆ how to model respectful and honest behavior
 - ◆ opportunities for child to be social with other peers
 - ◆ preschool or other early childhood learning environments
 - ◆ importance of everyday reading
 - ◆ communication with child
 - ◆ bedtime routine
 - ◆ oral hygiene
 - ◆ limiting television and promoting physical activity
 - ◆ child and family safety
 - ◆ any questions or concerns you have