

# **2.5 Years**

**Well Child Check**

**Your Child and Preschool**

# Well Child Check

## 2.5 Years

At this appointment your healthcare provider will be making sure that your child is becoming more independent and social and that your toddler's communication is becoming clearer and body control is improving

**Topics to discuss with your health care provider:**

- ◆ consistent use of discipline by all family members
- ◆ importance of routine and daily schedules
- ◆ family exercise and daily reading
- ◆ limiting television and screen time
- ◆ encouraging language development
- ◆ social development and tips for play dates
- ◆ considerations for early childhood programs, such as, quality preschool
- ◆ toilet training
- ◆ child safety
- ◆ developmental screenings (should have three before your child turns 3 years old)